

**Give thanks with a grateful heart**

For God's sustaining presence with us all the time  
For being able to livestream and video last week  
For the new website and blog up and running  
For those connecting through Zoom, Whatsapp, Phone and Post!  
For the ability to stay connected through prayer  
For Sarah and all her hard work over the last weeks and months on the Comms  
For Shahram and his gifts with videoing and comms  
For those co-ordinating our pastoral care - Janet and Sandra  
For those co-ordinating our prayer - Terry and Sheila  
For all the relationships with our neighbours which are deepening.  
For the Life Church's food bags for elderly in Undercliffe  
For Community Works and the Anchor Project and their work at this time  
For the hub at the Karmand Centre

**Pray in the Spirit on all occasions****St Augustine's**

For Charles who has been admitted to hospital  
For Tricia with a burst blood vessel behind her eye as well as her COPD  
For her and others' care for her friend Mary, in her 80s and with liver cancer  
For protection for Jodie as she nears her due date and for Sue and Ian O'Neil caring for her  
For Rita and Jan completely housebound

**St Clements**

For Pat who has been in hospital and also struggling to get her prescriptions  
For Sohail, now recovered from the virus but struggling with his sight as he awaits surgery  
For Payam, with a very painful broken tooth, struggling to get dental care  
For all the young families, Bertha's, Florence's, Abosede's, Elsie's, Binti's, Chini's  
For Brian, Peter, Susan, Joan, Sheila, Sylvia, Sandra, and all who are at risk

**For our Heart & Anchor Benefice**

- For our Readers Ian and Paul to discover creative ways of exercising their roles
- For all working people, affected in different ways, to know wisdom and peace
- For Ian as he takes up the Treasurer role in such hard circumstances
- For giving to continue through this time in both churches
- For Rosy to know a clear sense of priorities and to be able to stick to them
- For Sarah to have a sustainable pattern as she works hard on our comms
- For all of us to stay connected to God and each other & minister creatively as we can

**For special protection for**

- all our children and youth confined at home, and for their parents - for creative ways to use the time and for patience for all of us
- all single parents with young families especially, needing help with shopping

- all asylum seekers and refugees with fewer support services now, and greater uncertainty
- all our over 70s and those with underlying health conditions